



Colonial Heights Public Schools Middle School Lunch Menu February 2018

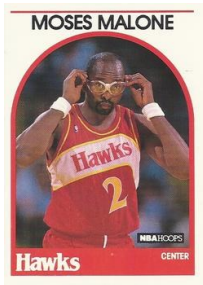


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Spaghetti w/ Meat Sauce Garlic Toast Green Beans Assorted Fruit	6 Pork Chop Cornbread Stuffing Steamed Broccoli Cinnamon Apples	7 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	8 Beef Nachos & Toppings Spanish Beans Assorted Fruit	9 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
12 Cajun Chicken Alfredo Green Beans Garlic Toast Assorted Fruit	13 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	14 Salisbury Steak Mashed Potatoes Glazed Carrots Assorted Fruit	15 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	16 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
	20 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	21 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	22 Spaghetti & Meatballs Garlic Bread Steamed Corn Assorted Fruit	23 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
26 Pork Chop Cornbread Stuffing Steamed Broccoli Cinnamon Apples	27 Beef Nachos & Toppings Spanish Beans Assorted Fruit	28 Corn Dog Nuggets Buttered Corn Sweet Potato Fries Assorted Fruit	1 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	2 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit

CELEBRATE FAMOUS BLACK VIRGINIANS

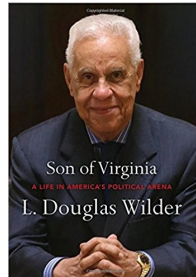


Mary McLeod Bethune
Mary McLeod Bethune
PRESIDENT

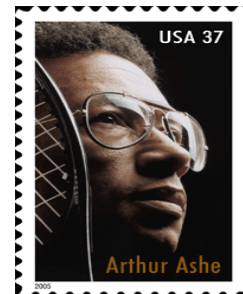


MOSES MALONE

Hawks



Son of Virginia
A LIFE IN AMERICA'S POLITICAL ARENA
L. Douglas Wilder



Arthur Ashe



BLACK HERITAGE

Ella Fitzgerald

Available Daily

Cheeseburger, Regular & Spicy Chicken Sandwich, Chicken Topped Salad, French Fries, Cold Sandwich/Wrap.

Chilled Sides: Fresh Carrots, Romaine Lettuce, Assorted Whole Fruit, Assorted Raw Veggie Cups.

Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water.

We are committed to serving our students the best in seasonal fruits and vegetables.



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www.myschoolbucks.com

Lunch Prices

\$2.65 Full Price, \$.40 Reduced Price

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