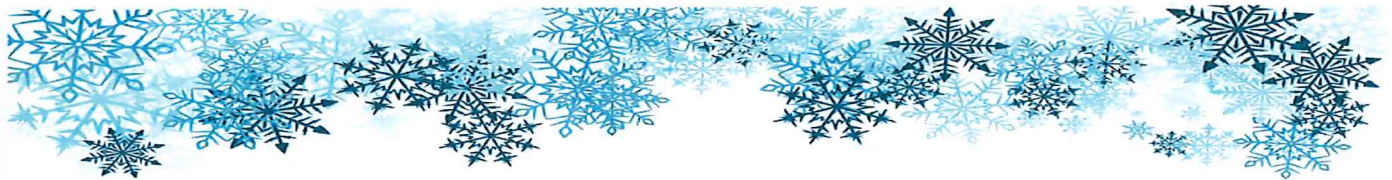




# Colonial Heights Public Schools Middle School Lunch Menu January 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 Spaghetti w/ Meat Sauce Garlic Toast Green Beans Assorted Fruit	9 General Tso's Chicken Brown Rice Steamed Broccoli Assorted Fruit	10 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	11 Beef Nachos & Toppings Spanish Beans Assorted Fruit	12 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
	16 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	17 Salisbury Steak Mashed Potatoes Glazed Carrots Assorted Fruit	18 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	19 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
22 French Toast Sticks Sausage Patty Steamed Broccoli Assorted Fruit	23 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	24 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	25 Spaghetti & Meatballs Garlic Bread Steamed Corn Assorted Fruit	26 No Hot Lunch Early Release
29 No School Staff Work Day	30 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	31 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	1 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	2 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit



**Available Daily**

*Cheeseburger, Regular & Spicy Chicken Sandwich, Chicken Topped Salad, French Fries, Cold Sandwich/Wrap.*

*Chilled Sides: Fresh Carrots, Romaine Lettuce, Assorted Whole Fruit, Assorted Raw Veggie Cups.*

*Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water.*

*We are committed to serving our students the best in seasonal fruits and vegetables.*

**Lunch Prices**

**\$2.65 Full Price, \$.40 Reduced Price**

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