




Colonial Heights Public Schools Middle School Lunch Menu



November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Salisbury Steak Mashed Potatoes Glazed Carrots Assorted Fruit	31 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	1 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	2 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	3 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
6 Spaghetti & Meatballs Garlic Bread Steamed Corn Assorted Fruit	7 General Tso's Chicken Brown Rice Steamed Broccoli Assorted Fruit	8 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	9 Beef Nachos & Toppings Spanish Beans Assorted Fruit	10 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
13 Cheesy Chicken Alfredo Garlic Bread Green Beans Assorted Fruit	14 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	15 Salisbury Steak Mashed Potatoes Glazed Carrots Assorted Fruit	16 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	17 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
20 French Toast Sticks W/ Maple Syrup Turkey Sausage Steamed Broccoli	21 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	22 1/2 Day No Hot Lunch	 Thanksgiving Break No School	
27 Salisbury Steak Mashed Potatoes Glazed Carrots Assorted Fruit	28 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	29 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	30 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	1 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit

Available Daily

Cheeseburger, Regular & Spicy Chicken Sandwich, Baked Fries, Chicken Topped Salads/Cold Sandwichs/Wraps.

Chilled Sides: Fresh Carrots, Romaine Lettuce, Assorted Whole Fruit, Assorted Raw Veggie Cups.

Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water.

We are committed to serving our students the best in seasonal fruits and vegetables.

Fruit and vegetable sides may change, increase or be prepared differently based on availability or student preference.

Lunch Prices

\$2.65 Full Price, \$.40 Reduced Price

"This Institution is an Equal Opportunity Provider"



ADD MONEY OR CHECK YOUR
CHILD'S ACCOUNT ONLINE @

www.myschoolbucks.com