



Colonial Heights Public Schools Middle School Lunch Menu September 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4  Labor Day	5 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	6 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	7 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	8 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
11 Spaghetti & Meatballs Garlic Bread Steamed Corn Assorted Fruit	12 General Tso's Chicken Brown Rice Steamed Broccoli Assorted Fruit	13 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	14 Beef Nachos & Toppings Spanish Beans Assorted Fruit	15 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
18 Cheesy Chicken Alfredo Garlic Bread Green Beans Assorted Fruit	19 Corn Dog Nuggets Steamed Broccoli Sweet Potato Fries Assorted Fruit	20 Salisbury Steak Mashed Potatoes Glazed Carrots Assorted Fruit	21 Pork BBQ Sandwich Collard Greens Cole Slaw Assorted Fruit	22 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit
25 French Toast Sticks W/ Maple Syrup Turkey Sausage Steamed Broccoli	26 Stuffed Pizza Sticks W/ Marinara Sauce Green Beans Assorted Fruit	27 Hot Dog Bar W/ Toppings Potato Salad Assorted Fruit	28 Spaghetti & Meatballs Garlic Bread Steamed Corn Assorted Fruit	29 House-made Pepperoni, Cheese, & Specialty Pizzas Assorted Fruit



Available Daily

Cheeseburger, Regular & Spicy Chicken Sandwich, Chicken Topped Salad, French Fries, Cold Sandwich/Wrap.

Chilled Sides: Fresh Carrots, Romaine Lettuce, Assorted Whole Fruit, Assorted Raw Veggie Cups.

Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water.

We are committed to serving our students the best in seasonal fruits and vegetables.

Fruit and vegetable sides may change, increase or be prepared differently based on availability or student preference.

Lunch Prices

\$2.65 Full Price, \$.40 Reduced Price

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