









Colonial Heights Middle School Lunch Menu December 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks & Sausage Patties Hash Browns Fried Cinnamon Apples Steamed Broccoli	4 Salisbury Steak Whipped Potatoes Brown Gravy Glazed Baby Carrots	5 Corn Dog Nuggets Sweet Potato Fries Fried Cinnamon Apples	6 Dill Chicken Nuggets Garlic Bread Ginger Carrots French Fries	7 Hot Dog Bar Chili, Cheese Sauce, Relish, Cole Slaw Baked Beans French Fries
10 Stuffed Pizza Sticks Marinara Dipping Sauce Glazed Carrots Steamed Corn	11 Spaghetti & Meaty Marinara Green Beans Garlic Bread Fruit Salad	12 Pork Riblet Sub w/ BBQ Sauce Steamed Broccoli Sweet Potato Fries	13 Happy Holidays Baked Smithfield Ham Homestyle Collards Whipped Potatoes Baked Cinnamon Apples Fresh Baked Rolls	14 Beef Nachos Salsa, Sour Cream, Jalapenos, Nacho Cheese Fiesta Black Beans
17 Dill Chicken Nuggets Garlic Bread Cole Slaw French Fries	18 Sweet & Sour Chicken Steamed Broccoli Ginger Carrots Asian Rice	19 French Toast Sticks & Sausage Patties Hash Browns Fried Cinnamon Apples Steamed Broccoli	20 Pork BBQ Sandwich Creamy Cole Slaw Sweet Potato Fries	21 1/2 Day No Hot Lunch 
24 	25 	26 	27 	28 

Available Daily

House Made Pizza, Cheeseburger, Specialty Salads, Deli Sandwiches, Chicken Sandwich, Breaded Chicken Tenders.

Rotating Weekly Sides: Fresh Carrots, Cucumbers, French Fries, Sweet Potato Fries, Assorted Whole Fruit, Assorted Raw Veggie Cups.

Beverages: 1% White Milk, Fat Free Chocolate Milk, Assorted 100% Juices, Filtered Water, Soft Drinks.

Lunch Prices

\$2.75 Full Price, \$.40 Reduced Price

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