

CHMS NEWS February 2019

*Congratulations to
Colonial Heights Middle School
Spelling Bee Winner
Celia Harrison!*

Lost and Found

Items will be on display this month from February 1-6. We will be taking items for donation on Friday, February 9. Please encourage your student to check the Lost and Found tables for any missing items!

**President's Day Holiday
February 18
No School for Students
or Staff**

Girls vs. Boys Basketball & Winner vs. Staff games to be held on Wednesday, February 6 at 2:45. **The team who wins will take on the Staff Basketball team for bragging rights!** Ticket prices are 1\$ for students and 2\$ for adults. Come show your support and school spirit!!!

**SCA Valentine-Grams
\$1.00 each
February 11-13
Delivery February 14
Support our SCA !**

What You Can Do to Stay Healthy Help Others to Stay Healthy Too!

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw all used tissues in the trash.
- Wash your hands with soap and water, especially after you cough or sneeze. You can also use hand sanitizers (alcohol-based disposable wipes or gel sanitizers) they are effective in reducing the spread of germs until you can wash with soap and water.
- Avoid toughing your eyes, nose or mouth when you are sick since germs spread easily that way.
- Try to avoid close contact with friends or, family members if you are ill since the flu is spread person-to person through coughing and sneezing of the infected person.
- Don't share items like food, or drink.
- Eat a well balanced diet and drink plenty of fluids.
- If you are sick, please stay home, get plenty of rest.
- Please remember to stay home until fever free for 24 hours.

**Drawing Club
February 6 & 20
2:40-3:35 in room 208**

FELLOWSHIP OF CHRISTIAN ATHLETES

Come and join our club! Our first meeting of the new year will be Wednesday, Feb. 13. It is a great time of fun, food, and fellowship. Will meet Feb. 13 and 27th from 2:40 to 3:20 in the library.

There are some awesome speakers visiting and more great games. Everyone is welcome!

Report Cards Sent Home February 4

February Band Reminders

As we enter the second semester, please note the following dates from your calendar distributed at the beginning of the year.

Thurs, 1/31 2:40-3:45 7th/8th Rehearsal

Thurs, 2/7 2:40-3:45 7th/8th Rehearsal

Thurs, 2/14 2:40-3:45 7th/8th Rehearsal

Thurs, 2/21 2:40-3:45 7th/8th Rehearsal

Thurs, 2/21 6:30 Pre Assessment Concert
Held at **CHHS**

Thurs, 2/28 2:40-3:45 7th/8th Rehearsal

Friday, 3/1 TBA Concert Band

Assessment at LC Bird HS

CHMS Spirit Night at El Caporal on February 5 from 4 – 10 PM.

8th Grade Dance will be held on June 7. The 8th grade will vote for one of the top three choices:

Around the World

Masquerade

African Safari

The SCA will announce the theme on Friday, February 8.

Interim Report Day February 28

Softball tryouts

Will begin starting February 19 from 3:15-5:00 PM at the Colonial Heights High School field on the following schedule:

February 19 – 6th Grade only

February 20 – 6th & 7th Grade

February 21 – 7th Grade only

February 22 – 7th & 8th Grade

You must have a current and valid VHSL sports physical on file with the office prior to participating in any sports activity.

Baseball tryouts

Will begin starting February 25 from 2:45-4:45 PM at the Colonial Heights Middle School field on the following schedule:

February 25 – 6th Grade only

February 26 – 7th & 8th grade and
those who made cuts

February 27 – all grades who have
made the cut

February 28 – all grades who have
made the cut

IXL Learning provides unlimited practice to increase skills in several subjects especially Math. Consider spending time in the Diagnostic section of IXL when you have extra time! Do you need practice with addition and/or multiplication facts? Master skills from earlier grades that you may be weak in and make those areas stronger! If a family does not have internet at home, here is a list of resources from our Technology Department:

<https://www.colonialhts.net/Departments/Office-of-Technology-and-Learning/Chromebook-Resources/index.html>