

# Guidelines

## Colonial Heights Middle School Guidance Newsletter

February 2019



### Write On!



Our eighth graders will take the Writing portions of the SOL tests on Wednesday, March 20<sup>th</sup> and Thursday, March 21<sup>st</sup>. The Wednesday portion of the test will consist of writing a paper on a specific prompt and Thursday's portion will include both multiple-choice and technology-enhanced items. Our English teachers will be providing lots of writing practice in the coming weeks to help our eighth graders prepare for these tests! *Students in 6<sup>th</sup> and 7<sup>th</sup> grade will take a practice writing test in their English classes on March 20<sup>th</sup> along with 8<sup>th</sup> graders.*



### CodeRVA

CHMS will host an information session for CodeRVA on Wednesday, February 6<sup>th</sup> at 6:30 p.m. in the CHMS auditorium. All interested 8<sup>th</sup> graders and their families are welcome to attend!

### NJHS NEWS

**NJHS students will participate in the CHHS Volunteer-a-thon on Saturday, February 23<sup>rd</sup> from 12 noon – 3 p.m.**



### CHMS CAREER DAY

CHMS will hold its annual *career day* Tuesday, March 26<sup>th</sup>. Students will have the chance to attend two career presentations.

*If you would be interested in making a 30-minute presentation about your career to a classroom-size group of students, please contact Mrs. Lauchner by February 8<sup>th</sup> for more information.* We need a minimum of 25 speakers and would love to hear from you! You can e-mail Mrs. Lauchner at:



[Lisa\\_Lauchner@colonialhts.net](mailto:Lisa_Lauchner@colonialhts.net)

Per student request we are especially looking for speakers to represent the following occupations/fields:

- Pediatrician
- Cosmetology
- Graphic Design

### Parent-Child Communication

#### TIP #1 - Ask Specific Questions

If your child is answering with one-word responses, it's likely because you're asking them closed questions. (*Did you have fun at school today? Yes.*) Try asking specific questions that require more than yes/no answers--and carefully listening so you can know which questions to ask next. (*More tips to follow!*)

