

CHMS NEWS

May 2018

School Sports PHYSICALS

The Colonial Heights Middle School and High School will hold a Sports Physicals clinic on Thursday, May 31 starting at 4:00 at the High School. The cost of the physical is \$25.00. This physical will be good for the entire 2018-2019 school year including summer conditioning. You must have a pages 1, 2, 4, and The Concussion form filled out and signed by a parent and payment in order to receive your physical. A bus will be available to transport middle school students to the high school for the clinic. You should pick your student up from the high school when they are finished. VHSL Physical forms are linked to the physical flyer and are located in the CHMS or CHHS office. You do not need a parent to attend as long as you have payment (checks made out to CHHS) and a SIGNED AND COMPLETED VHSL form with you.

Thank your teachers!
May 7-11 is Staff
Appreciation Week at
CHMS.

The 2018 end of school Awards

Assemblies will be held

6th Grade – June 11 at 9:00

7th Grade – June 13 at 9:00

8th Grade – June 12 at 9:00

8th Grade Picnic – June 12 Noon

SCA

The Pennies for Patients Campaign was a tremendous success! Our school exceeded the goal that was set. We raised a total of \$1,034.08 to benefit the Leukemia and Lymphoma Society. Congratulations to the following homeroom classes for donating the most money in their grade level:

6th Grade – Mrs. McDaniel's class

7th Grade – Mrs. Jarvis's class

8th Grade – Mr. Hall's class

Mrs. Jarvis's class earned a lunch from Olive Garden on Wednesday, May 9 because of their outstanding donation! Mrs. McDaniel's and Mr. Hall's classes will have a pizza party on May 14. The 8th Grade Dance will be Friday, June 8th. Tickets for the dance will cost \$10 and will be sold during 8th grade lunch beginning Monday, May 21. Also, if you would like to donate items for the door prizes given at the dance, we would greatly appreciate it. Suggestions for door prizes are: gift cards (Starbucks, iTunes, Swaders, Sweet Frog, McDonald's, Southpark Mall, movie theater), candy, water bottles, key fobs, etc. Information regarding the dance will be going home with our 8th graders very soon.

**MEMORIAL DAY
HOLIDAY
MONDAY, MAY 28**

FELLOWSHIP OF CHRISTIAN ATHLETES

Fellowship of Christian Athletes will have their end of year picnic on May 8. That's a Tuesday, instead of meeting on May 2nd. from 2: 40 TO 3:20. WE will begin the meeting in the cafeteria. Please bring a drink or snack to share along with a donation for pizza. See Mrs. Jones with your donations before May 7th. Officers bring drinks to share.

Clinic News

The Colonial Heights Middle School clinic will close on June 14, 2018 at 12:00 noon. Please come by the school clinic and pick up your child's medication and/ or medical supplies prior to this time.

Any remaining medication and or medical items that have not been picked up by the parent/guardian including: (pills, inhalers, nebulizer equipment, insulin, glucagon injections, epi-pen injections) will be discarded according to the school's procedure policy at that time.

Thank you for your prompt attention in this matter and allowing me to serve your student this year.

*Mrs. King, R.N.
School Nurse*

7th Grade Science News

Mrs. Ewalt's science students! We will be making cell model cookies in class. Please bring in cookie toppings or Pillsbury Sugar Cookie Dough rolls. Cookie toppings are things that can be **BAKED** into a cookie (like chocolate chips, butterscotch chips, mint chips, peanut butter chips, mini York patties, mini kit-kats, sprinkles, etc). Bring them by May 21st to earn some scholar points too!

From the Library....

Thank to everyone for participation in Book Fair

–It may seem the end of the school year is a LONG WAY OFF, but here in Library Land we have to start thinking about it now. With testing and all, your English class only has 1 more library visit this year. Trying to finish a novel? Renew it! Need a brand new book? They are here! Need a fresh smelling bookmark? Got you covered! Misplaced a book? Talk to me NOW about it and let's get something worked out. Nobody wants *that* hanging over their head for the summer. See you soon in the library! --Mrs. Slusser

CHEERLEADING TRYOUTS

Cheerleading tryouts will be held May 22-25 at CHMS. Middle school students who attended the mandatory meeting and have completed their packets, will practice for tryouts on Tuesday-Thursday from 3:30 – 5:00. Elementary school students who attended the mandatory meeting and have completed their packets, will practice for tryouts on Tuesday-Thursday from 5:00 – 6:30. Final Tryouts for BOTH Groups of students will be held at 3:30 on Friday, May 25. **Students must have a current VHSL physical on file in order to attend any practices or try out.** Please contact Mrs. Ashby at brittany_ashby@colonialhts.net if you have any questions. The team will be posted after 8:00 PM on Friday, May 25.

HEALTH AND PHYSICAL
EDUCATION DEPARTMENT

We would like to thank our volunteers for helping out on Fun Day. Enjoy the nice weather and remember to eat healthy and exercise each day. Walking or playing games is a great way to stay active and to interact with your friends at the same time.

INTERIM
REPORTS WILL
BE SENT HOME
MAY 3

May Band Reminders!

6th grade:

Mon, 5/14, 2:40-3:30 Spring
Concert Rehearsal

**Tue, 5/15, 6:30 pm Spring
Concert**

7th/8th grade:

Wed, 5/2, 2:40-3:45 BG Rehearsal

Thur, 5/3, 2:40-3:45 Concert
Rehearsal

Fri, 5/4, ALL DAY, BUSCH
GARDENS!

Thur, 5/10, 2:40-3:45 Concert
Rehearsal

**Tue, 5/15, 6:30 pm Spring
Concert**

**Last Chance to order a
Yearbook!
(May 18th is last day to
pre-order)
Don't let the
opportunity for great
memories pass you by!
Yearbooks are \$45.00
– order online from
the link on the CHMS
homepage, or send in
check (written to
CHMS) or cash.
Thanks for your
support of the
yearbook!**