



Colonial Heights Public Schools Middle School Breakfast Menu



October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Sausage/Egg/Cheese Biscuit Assorted Cereals Breakfast Pastry Assorted Fruit	1 Donut Dippers Assorted Cereals Assorted Pop Tarts Assorted Fruit	2 Chicken Filet Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	3 Breakfast Pizza Assorted Cereals Assorted Pop Tarts Assorted Fruit	4 French Toast & Sausage Assorted Cereals Assorted Pop Tarts Assorted Fruit
7 Sausage/Egg/Cheese Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	8 Donut Dippers Assorted Cereals Assorted Pop Tarts Assorted Fruit	9 Chicken Filet Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	10 Breakfast Pizza Assorted Cereals Assorted Pop Tarts Assorted Fruit	11 French Toast & Sausage Assorted Cereals Assorted Pop Tarts Assorted Fruit
14 Sausage/Egg/Cheese Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	15 Donut Dippers Assorted Cereals Assorted Pop Tarts Assorted Fruit	16 Chicken Filet Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	17 Breakfast Pizza Assorted Cereals Assorted Pop Tarts Assorted Fruit	18 French Toast & Sausage Assorted Cereals Assorted Pop Tarts Assorted Fruit
21 Sausage/Egg/Cheese Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	22 Donut Dippers Assorted Cereals Assorted Pop Tarts Assorted Fruit	23 Chicken Filet Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	24 Breakfast Pizza Assorted Cereals Assorted Pop Tarts Assorted Fruit	25 French Toast & Sausage Assorted Cereals Assorted Pop Tarts Assorted Fruit
28 Sausage/Egg/Cheese Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	29 Donut Dippers Assorted Cereals Assorted Pop Tarts Assorted Fruit	30 Chicken Filet Biscuit Assorted Cereals Assorted Pop Tarts Assorted Fruit	31 Breakfast Pizza Assorted Cereals Assorted Pop Tarts Assorted Fruit	1 French Toast & Sausage Assorted Cereals Assorted Pop Tarts Assorted Fruit



Available Daily

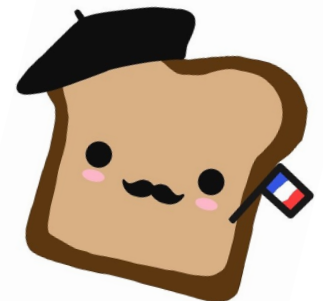
Assorted PopTarts and Your Favorite Breakfast Cereals

Beverages: 1% White Milk, Chocolate Lowfat Milk

Assorted 100% Juices, Filtered Water

Breakfast Prices

\$1.65 Full Price, \$.30 Reduced Price



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