

CHMS NEWS February 2018

*Congratulations to
Colonial Heights Middle School
Spelling Bee Winner
Jenny Yang!*

Lost and Found

Items will be on display this month from February 5-8. We will be taking items for donation on Friday, February 9. Please encourage your student to check the Lost and Found tables for any missing items!

President's Day Holiday February 19

What You Can Do to Stay Healthy Help Others to Stay Healthy Too!

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw all used tissues in the trash.
- Wash your hands with soap and water, especially after you cough or sneeze. You can also use hand sanitizers (alcohol-based disposable wipes or gel sanitizers) they are effective in reducing the spread of germs until you can wash with soap and water.
- Avoid toughing your eyes, nose or mouth when you are sick since germs spread easily that way.
- Try to avoid close contact with friends or family members if you are ill since the flu is spread person-to-person through coughing and sneezing of the infected person.
- Don't share items like food, or drink.
- Eat a well balanced diet and drink plenty of fluids.
- If you are sick, please stay home, get plenty of rest.
- Please remember to stay home until fever free for 24 hours.

Girls Basketball vs. Boys Basketball game to be held on Wednesday, February 7 at 2:45. **The team who wins will take on the Staff Basketball team for bragging rights!** Ticket prices are 1\$ for students and 2\$ for adults. Money collected will go to help Mrs. Nueng Nelson in her battle with cancer! We will accept additional donations at the door for Mrs. Nelson as well!

PTO NEWS

It's time for our **SPRING FUNDRAISER!!** We will be selling Otis Spunkmeyer Cookie Dough again this year. Order forms and brochures will go home with students on Wednesday, February 22nd. **ALL ORDERS ARE DUE BY THURSDAY, MARCH 8, 2018.** Please make checks payable to CHMS PTO. We have lots of fun things planned for the Spring and this fundraiser will help sponsor these activities. **PLEASE SELL, SELL, AND SELL SOME MORE!!**

Parent/Teacher Conferences will be held on Thursday, March 8th from 4-7pm and the PTO will be providing dinner for our staff. If you would like to help with this please contact the PTO at chmspto@colonialhts.net.

Due to the construction in both our auditorium and the cafeteria we have had to cancel our fall activity night. We are hoping the auditorium renovation will be completed soon and are looking to possibly plan our spring activity night for April. Stay tuned for further updates.

Carol Bennett
CHMS PTO President
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FELLOWSHIP OF CHRISTIAN ATHLETES

Come and join our club! Our first meeting of the new year will be Wednesday, Feb. 7. It's a great time of fun, food, and fellowship. We meet in the library from 2:40-3:20 usually every other Wed.